

OSSCO© Tele-Learning

presents

TACKLING LONELINESS TOGETHER: SENIOR MENTAL HEALTH CARE

February 14, 2024 Wednesday Afternoon 1:00 PM to 2:00 PM via Zoom or Telephone



This Telelearning workshop is dedicated to raising awareness about mental health and addressing social isolation among older adults. Learn how Healthcare Practitioners help bridge the loneliness gap for seniors living in community. In this workshop, we learn how to connect and thrive together!

Bette Watson-Borg brings over 30 years of experience working on programs, projects and social impact initiatives related to health and wellbeing of people and communities. She is passionate about collaborating across sectors to act together, resulting in new solutions for social change. In a recent project, she has the good fortune to work with a dedicated and knowledgeable Working Group of healthcare and social service professionals, academic researchers, and community-based senior serving organizations from across Canada.

<u>This program is free of charge to all Ontarians 55+.</u> <u>We encourage you to share this information with your friends & family</u> <u>Registration is required via Eventbrite</u> <u>or email: education@ossco.org_or Call 1-416-785-8570 ext. 224</u> Funded by proceeds from the sale of Break Open Tickets, under license by the AGCO

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